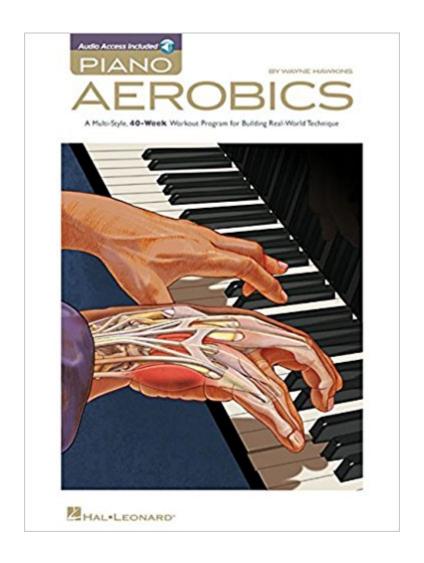


The book was found

Piano Aerobics - A Multi-Style 40-Week Workout Program Building Real-World Technique Bk/Online Audio





Synopsis

(Keyboard Instruction). Written by Kansas City's first-call keyboardist Wayne Hawkins, Piano Aerobics is a multi-style, 40-week workout program for building real-world technique. Often when students decide to play in contemporary styles, they lack the chops for the job. The exercises in Piano Aerobics will introduce students to styles such as jazz, salsa, swing, rock, blues, new age, gospel, stride and bossa nova, and help them play with more musical flair. Concepts covered include: keeping time; hand independence; articulations; building a better touch; strengthening weak fingers; accompanying; using the thumb; ear training; and more. The audio features professional musicians performing accompaniment tracks in each style. The audio is accessed online using the unique code inside each book and can be streamed or downloaded. The audio files include PLAYBACK+, a multi-functional audio player that allows you to slow down audio without changing pitch, set loop points, change keys, and pan left or right.

Book Information

Paperback: 104 pages

Publisher: Hal Leonard; Pap/Com edition (September 1, 2011)

Language: English

ISBN-10: 142347354X

ISBN-13: 978-1423473541

Product Dimensions: 9 x 0.3 x 12 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #625,910 in Books (See Top 100 in Books) #92 in A A Books > Health, Fitness & Dieting > Exercise & Fitness > Aerobics #2306 in A A Books > Humor & Entertainment > Sheet

Music & Scores > Instrumentation > Piano #2311 inà Â Books > Arts & Photography > Music >

Instruments > Piano

Customer Reviews

Cool book for a cool way to praactice and its actually really fun and challenging.

Excellent book.

i love it! so excited to do more with it. The exercises really give my fingers the practice and conditioning they need to play better...i highly recommend this book, along with the CD which helps alot with the training too, thank-you so much

The book requires some hard work...good to get back in shape...

First off, this book is not for beginners. It assumes that you know how to read music. Some basic music theory knowledge would also help. I would recommend that you have completed the Alfred's series, or something equivalent. If you are looking for a book to be a step-by-step guide through contemporary styles, you might want to look elsewhere. Also, if you are looking for something to help you play rock music, this book is geared towards jazz/blues (there is one section on rock music). I bought this book based on the strength of the guitar aerobics book, which contains 365 short exercises organized to gradually build skills. I assumed that this book would be similar, since it is by the same publisher and the title says it is a "40-week workout program building real-world technique." Instead, the book contains 20 etudes, each designed to work on a different skill (finger-strength, accents) or style (jazz, blues, rock, new age, etc.). There is no "program" to follow. The book merely suggests that you work on each etude for two weeks. There is a brief introduction for each etude, which outlines the basics of the etude's style. The etudes are really an arrangement of 4-8 bar phrases in a particular style. It would have been more helpful to isolate these phrases and explain when and how they would be used. I still gave the book four stars because the etudes are all well composed and relevant to their style. But I would not describe this book as a "workout program."

wow, how often do you get a music training book that contains great music, and a CD that goes well beyond the call of duty with nicely arranged renditions of the pieces in the book? Tasteful, and a treat; much nicer than the title 'aerobics' implies. I'm assuming the publisher wanted to use that title, and the composer recoiled at its use to describe his tasteful compositions. In all, thank you to the composer for his fine work.

Download to continue reading...

Piano Aerobics - a Multi-Style 40-Week Workout Program Building Real-World Technique Bk/Online Audio Guitar Aerobics: A 52-Week, One-lick-per-day Workout Program for Developing, Improving and Maintaining Guitar Technique Bk/online audio Banjo Aerobics: A 50-Week Workout Program for Developing, Improving and Maintaining Banjo Technique (Book & Online Audio) Workout: Abs Bible: 37 Six-Pack Secrets For Weight Loss and Ripped Abs (Workout Routines, Workout Books, Workout Plan, Abs Workout, Abs Training) (Bodybuilding Series) Butt Workout (6-Week Plan): The Best Butt

Workout Guide And Butt Workout Routines To Give You The Lifted Butt You've Always Wanted (How to Get an Amazing Butt, No Gym Needed, Sculpt Perfect Curves) The Isometric Exercise Bible: A Workout Routine For Everyone (abs., building muscle, anti aging, exercise workout, home workout Book 1) Speak in a Week! Italian Week One [With Paperback Book] (Speak in a Week! Week 1) (Italian Edition) Calisthenics: 18-Minute Calisthenics Workout Plan for Beginners: The Most Superior Collection of Exercise and Fitness Books (Bodyweight Exercises, Calisthenics ... Workout Plan, Calisthenics Workout,) Calisthenics: Calisthenics Guide: BodyWeight Exercises, Workout Progression and Training to Be Fit (Calisthenics, Calisthenics Bodyweight Workout, Calisthenics ... Workout, Bodyweight Exercises Book 1) Triathlete Magazine's Essential Week-by-Week Training Guide: Plans, Scheduling Tips, and Workout Goals for Triathletes of All Levels 100+ Word Fill In Puzzle Book For Adults: The French Style Brain Teaser Crossword Puzzles With Fill In Words Puzzles for Total Brain Workout! (A Total Brain Workout Series) (Volume 1) How To Build The Rugby Player Body: Building a Rugby Player Physique, The Rugby Player Workout, Hardcore Workout Plan, Diet Plan with Nutritional Values, Build Quality Muscle Calisthenics: 30-Day Greek God Beginners Bodyweight Exercise and Workout Routine Guide - Calisthenics Muscle Building Challenge (Street Bodyweight Exercises, Calisthenics Workout Routines Book 1) Jazz-Blues Piano: The Complete Guide with Audio! Hal Leonard Keyboard Style Series Bk/online audio The Real Book of Real Estate: Real Experts. Real Stories. Real Life. Hawaii Real Estate Wholesaling Residential Real Estate Investor & Commercial Real Estate Investing: Learn to Buy Real Estate Finance Hawaii Homes & Find Wholesale Real Estate Houses in Hawaii The Aerobics Program for Total Well-Being: Exercise, Diet, Emotional Balance AEROBICS PROGRAM/ Aerobics Program For Total Well-Being: Exercise, Diet, And Emotional Balance Vocal Technique: A Guide to Finding Your Real Voice (Book & Online Audio)

Contact Us

DMCA

Privacy

FAQ & Help